

OLD AGE HOME VISIT

Dated: - 12th April, 2015

A white washed small room with bare necessities and two windows....A mother of two looks out of one of these windows with rear stained eyes. She holds a letter, which says that her children are coming to meet her- A favour that they grudgingly perform once a year.

Why? Because she has given birth to them? Yes, she used to be the focal point of her family once and her life was spent nurturing her children- her one and only priority in life. But now, she has been discarded into an old age home for convenience. It's a shameful state of affairs that there has arisen a need for old age homes in modern times. Why do we need these homes? Why are we considering our older relatives as a burden on us?

With these questions in mind NSS volunteers went to “The Suket Senior Citizen Home” Dehri, Sundernagar, Mandi, with a team of around 9 students headed by our NSS Co-advisor Dr. Atul Dhar, Mr. Prateek Pathania, Field Officer, NSS Unit IIT Mandi and other staff members.



Volunteers asking senior citizens about their problems

We met the senior citizens and served them with fruits and other eatables. We also donated them shawls as a gift. All of them have their own children but they left them due to the generation gap. Main motive of the visit was to find out problems, solve them with the help of NSS unit. The other motive of the visit to meet them so they don't feel they are alone.



Volunteers are serving eatables to senior citizens



Volunteers are giving shawls as a gift



NSS team with senior citizens at old age home

Our volunteers can't meet them so often due to some distance. Finally they came back to their hostels after spending more than five hours with them with a commitment to do something for them in future.

Through this visit NSS volunteers got some perspective about:

- How the old age home was managed in good condition?
- Idea about resources of the old age home.
- Inspiration from the owner of old age home for tackling such issues.
- Gratitude received by Dr. Guleria from young volunteers for his efforts may be conducive for spread for motivation for such social causes.
- Volunteers gave a thought to contribute for improving condition of such places and for ensuring a society so that need for such places vanishes.